

# Adult Lessons

Summer – Friday Mornings

June 26 thru Aug. 14, 2026

For Adult Skating Lessons

Friday Class	Lesson Time
Adult Lessons	9:20 – 9:50 am
Dates (8 weeks):	June 26 – August 14, 2026

Lessons are for Beginners or Intermediate Skaters

Beginner Adults are strongly recommended to wear a helmet & gloves or mittens

**CYCLE FEE: \$160.00**

Email: [terryconners@stamfordct.gov](mailto:terryconners@stamfordct.gov) or

Call (203)977-4728 to Register

**1125 COVE ROAD, STAMFORD, CT 06902**

**(203)977-4728**

**[WWW.TCRINK.COM](http://WWW.TCRINK.COM)**

*Adult Lessons for the Summer are during our Camp, so there is no practice time available during the week, just lesson time. We will have more Adult Lessons starting in September.*