

Adult Lessons

Sept. 8 – Oct. 30, 2026
For Adult Group Lessons

Tuesdays	Fridays
10:30-11:00am	11:30am-12:00pm

Lessons are for Beginners or Intermediate Skaters

Beginner Adults are strongly recommended to wear a helmet & gloves or mittens

CYCLE FEE: \$160.00

Fee is for one day a week for eight weeks

\$320.00 for both days

Email: terryconners@stamfordct.gov or

Call (203)977-4728 to Register

1125 COVE ROAD, STAMFORD, CT 06902

(203)977-4728

WWW.TCRINK.COM

Adult Lessons are during the Public Skating Sessions – Feel free to stay and skate after the lesson